AISR Sunday School - Book 3

Halal and Haram Foods - Quiz

Name: _____ Date: _____

Section A - Multiple Choice

1. What does halal mean when talking about food?

A. Food that is permitted to eat

B. Food that is always sweet

C. Food that is expensive

D. Food that is forbidden

2. Which food is haram according to the lesson?

A. Fish

B. Pork

C. Rice

D. Apples

3. Which drink is haram?

A. Water

B. Milk

C. Alcohol

D. Juice

4. Which of these may be halal when slaughtered properly?

A. Pig

B. Sheep

C. Lion

D. Eagle

5. What should Muslims do before buying packaged food?

A. Only look at the picture

B. Check the ingredients

C. Choose the cheapest food

D. Ignore the label

6. Which ingredient may come from a non-halal animal source?

A. Gelatine

B. Water

C. Salt

D. Sugar

7. What should you do if you are unsure whether an ingredient is halal?

A. Eat it without checking

B. Ask a parent or trusted adult and check

C. Throw away all food

D. Guess from the package color

8. Why is a vegetarian or vegan label not always enough to prove a food is halal?

A. It may still contain an ingredient such as alcohol

B. Vegetarian foods are always haram

C. Halal food cannot contain vegetables

D. The label makes food unhealthy

Section B - Fill in the Blank

9. Food that Muslims are permitted to eat is called _____.

10. Pork and _____ are examples of things that are haram to consume.

11. Muslims should check the _____ before buying packaged foods.

12. Non-halal _____ can sometimes be found in sweets, jellies and desserts.

13. A vegetarian or vegan label does not automatically mean that a product is _____.

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Halal and Haram Foods - Quiz - Answer Key

Section A - Multiple Choice

1. What does halal mean when talking about food?

A. Food that is permitted to eat

B. Food that is always sweet

C. Food that is expensive

D. Food that is forbidden

Answer: A. Food that is permitted to eat

2. Which food is haram according to the lesson?

A. Fish

B. Pork

C. Rice

D. Apples

Answer: B. Pork

3. Which drink is haram?

A. Water

B. Milk

C. Alcohol

D. Juice

Answer: C. Alcohol

4. Which of these may be halal when slaughtered properly?

A. Pig

B. Sheep

C. Lion

D. Eagle

Answer: B. Sheep

5. What should Muslims do before buying packaged food?

A. Only look at the picture

B. Check the ingredients

C. Choose the cheapest food

D. Ignore the label

Answer: B. Check the ingredients

6. Which ingredient may come from a non-halal animal source?

A. Gelatine

B. Water

C. Salt

D. Sugar

Answer: A. Gelatine

7. What should you do if you are unsure whether an ingredient is halal?

A. Eat it without checking

B. Ask a parent or trusted adult and check

C. Throw away all food

D. Guess from the package color

Answer: B. Ask a parent or trusted adult and check

8. Why is a vegetarian or vegan label not always enough to prove a food is halal?

A. It may still contain an ingredient such as alcohol

B. Vegetarian foods are always haram

C. Halal food cannot contain vegetables

D. The label makes food unhealthy

Answer: A. It may still contain an ingredient such as alcohol

Section B - Fill in the Blank

9. Food that Muslims are permitted to eat is called _____.

Answer: halal

10. Pork and _____ are examples of things that are haram to consume.

Answer: alcohol

11. Muslims should check the _____ before buying packaged foods.

Answer: ingredients

12. Non-halal _____ can sometimes be found in sweets, jellies and desserts.

Answer: gelatine

13. A vegetarian or vegan label does not automatically mean that a product is _____.

Answer: halal