

# **AI SR Sunday School**

Held at the premises of ASIC on 1409 Burks Street SW Roanoke, VA 24015

## **Deeds, Jannah & Jahannam**

Understanding good deeds, bad deeds, Paradise, and Hell

## Good and Bad Deeds

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- Allah sent us to this world to do good deeds. Good deeds are rewarded and can lead us to Jannah.
- Every good deed is recorded in our Book of Good Deeds, and Allah can reward a good deed many times over.
- Good deeds include kindness, respecting parents, sharing, praying and studying well, and giving charity.
- Bad deeds are also recorded. Lying, swearing, fighting, stealing, bullying, and being mean are actions we should avoid.
- On the Day of Judgement, our deeds will be weighed. We should repent, say sorry when we hurt others, and ask Allah for forgiveness.

# Jannah and Jahannam

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- Jannah is the beautiful reward Allah has prepared for people who believe, obey Him, and do good deeds.
- In Jannah there will be no pain, sickness, boredom, or sadness, and its blessings will be greater than anything in this world.
- Jahannam is a place of punishment. We should protect ourselves from it by obeying Allah and doing good deeds.
- Prophet Muhammad taught that even a small act of charity or a good word can be a means of protection from the Fire.
- When we make a mistake, we should turn back to Allah, ask for forgiveness, and try to improve our actions.